

ACADEMIC PROFILE



DR. SREEPARNA KAR

Assistant Professor (Stage 3) in Psychology (W.B.E.S.)
M.Sc., Ph.D.

Email: sreeparna.psychology@gmail.com

- **Specialization:** Clinical psychology
- **Date of joining in this college:** 10.06.2015
- **Total teaching experience in college level:** 11 years
- **Area of research:** Clinical Psychology, Adolescent mental health issues
- **Title of Ph.D. thesis (if any):** Exploration of various psychological variables associated with test anxiety among adolescents.
- **Research guidance (if any):**
- **Research projects [completed / ongoing] (if any):**
- **List of publications:**

A. Published papers in Journals:

1. **Kar, S.** Core self-evaluation and Positive Attribution style as mediators between test anxiety and academic performance among adolescents in Kolkata. *Aureole*, In Press.
2. **Kar, S.** Investigating the relationship between personality traits, coping styles and stress among college students in Singur, West Bengal. *Criticality*. In press
3. **Kar, S.** Navigating Childlessness: Social Pressures, Religious Coping, and the Complexities of Adoption in Rural Society. *Social trends*. In press
4. **Kar, S. & Das Gupta, S. (2025).** Exploring profiles of reactive and proactive aggression and its relation with Test-anxiety dimensions among adolescents. *Indian Journal of Community Psychology*, 18 (1&2), 10-21.
5. **Kar, S. (2025).** Comparison of family hardiness, parenting sense of competency and parenting styles between adoptive parents and biological parents. *Journal of scientific enquiry*, 5(1), 139-148.
6. **Kar, S. (2024).** Role of Family Structure in Psychological and Behavioural Outcomes Among Adolescents. *Criticality*, 2(2), 160- 176.
7. **Kar, S., & Bandyapadhyay, S. (2023).** The concept of integral yoga in Sri Aurobindo's philosophy. *International Journal of Yoga and Allied Sciences*, 12 (2), 191-197.

8. **Kar, S.** (2023). Does test-anxiety mediate the relationship between perceived parental pressure and academic achievement? An investigation among Higher Secondary students in Kolkata. *Research and Reflections on Education*, 21 (4). In press.
9. **Kar, S.** (2021). Re-examining the relation of Core self-evaluations and Academic performance: Investigating the mediating role of Cognitive test-anxiety. *Journal of Scientific Enquiry*, 1, 176-180.
10. **Kar, S., & Das Gupta, S.** (2016). Adaptation of a Self – Report Emotional Intelligence Scale. *Indian Journal of Community Psychology*, 244-249.
11. **Dutta, S., & Das Gupta, S.** (2014). “Parental bonding and personality factors as predictors of different forms of aggression among adolescents. *Indian Journal of Developmental Disabilities*, 2(1), 95 – 104.
12. **Dutta, S., & Das Gupta, S.** (2014). “Demographic factors associated with suicidal ideation among college students in Kolkata, India.” *Indian Journal of Health and Wellbeing*, 5(6), 1 – 6. **Dutta, S., Das Gupta, S.** (2014). “An investigation of the relationship between marital satisfaction and parental stress among Indian couples *International Journal of Psychosocial Research (IJPSR)*, 3 (1), 120 – 125. (Global impact factor - 0.541).
13. **Dutta, S. & Das Gupta, S.** (2013). “Looking beyond environmental factors– an examination of some personal factors as predictors of suicidal ideation among college students.” *Indian Journal of Community Psychology* 9(1), 87 – 98.
14. **Dutta, S. Das Gupta, & S.,** (2013). “Examining the relationship between Emotional Intelligence and the dimensions of Test Anxiety.” *The International Journal’s Research Journal of Social Science Management (TIJRJSSM)*, 2(11), 55 – 60.
15. **Das Gupta, S., & Dutta, S.** (2013). “Gender based analysis of different predictors of Suicidal Ideation among college students – An Indian Scenario” *Indian Journal of Social Psychiatry*, 2013, 29 (1-2), 63-68.
16. **Dutta, S., & Das Gupta, S.** (2013). “Analyzing Gender differences in Test Anxiety.” *Psychology in India*, 1(2), 171 – 178.
17. **Dutta, S., & Basu, J.** (2012). “Perceived roles of psychiatrists and psychologists among the adult of the urban community: A preliminary survey” *Indian Journal of Community Psychology*, 8(2), 306 – 315.
18. **Das Gupta, S., & Dutta, S.** (2012). “Personality and Behavioural factors associated with Test anxiety among School Students in Kolkata.” *IOSR Journal of Humanities and Social Science (JHSS)*, 2(5), 15 – 20.

B. Published Books / Chapters in Books:

1. “Effect of Social Media on Body Image Concerns: Exploring psychological perspectives. Page 81 – 92. The Healing Web: Society’s Network for Well-Being. Ed. Sourav Madhur Dey. Mittal Publication. ISBN: 978-93-5999-404-8.
2. Exploring the role of media in influencing public perceptions towards violence against women (2024). Page 70 – 75. Crisis, Inequalities and Poverty. Ed. Dr. Asadullah Khan & Dr. Abul Foyes Md Malik. SUN BEAM Press, ISBN: 978-93-48856-34-0.
3. Academic stress and Adolescents’ Distress among Indian students: A Contextual Approach (2015). Manabjain, Patrakatha, Kolkata & Govt. General Degree College, Singur. 151-153. ISBN: 978-81-924388-4-9.
4. Impact of COVID-19 pandemic on mental health The epidemic of fear: An analysis of “Affect heuristic” as a means of risk perception. Page 124-129. Nov, 2020. The science of COVID-19 people and society. Ed. Atanu Saha. Avenel Press. ISBN: 978-81-949068-03
5. Learning more with retrieval? Reviewing effectiveness of retrieval practices in classroom learning. Pages: 124 – 129, 2021. *Teacher and learning – Recent trends and vistas* Ed. Savita Mishra & Sanjit Biswas Mittal Publication, ISBN: 978-93-90692-80-4.
6. Consumerism, Culture and Identity: Psychoanalytical considerations. Pages: 52 – 58. 2021. *Rethinking management, humanities & social sciences- Approaches and Trends* Ed: Dr. Arun Dev Pareek & Sonali Sharma M/s University book house. ISBN: 978-93-90672-65-3
7. Mirroring psychoanalytic perspectives on trauma Pages: 131 – 138, 2022. *Life and Philosophy* Ed: Dr. Prabhakar Bhattacharyya Ghosh publishing concern. ISBN: 978-81-953518-4-8.
8. Anxiety of death and search for meaning and authenticity in social isolation. Manabjomin- A dossier of Covid-19 pandemic, Page 251-260. 2020. The Principal, Government General Degree College, Singur (Vol: 2). ISBN:978-81-8211-162-2.
9. প্রণয় আশক্তি: ব্যখ্যা এবং মনোসংমীক্ষক দৃষ্টিকোণ। পৃষ্ঠা ৩৭৮ - ৩৮১. ২০২৩. মন: সংকট অসুখ প্রতিষেধক স্বাস্থ্য। প্রকাশিত পুনশ্চ. ISBN: 978-81-7572-242-2.

C. Participation in Seminars/Symposia/Conferences/Workshops:

Title of the invited lecture /paper presented (oral/poster)	Title of Conference /Seminar with date	Organized by	Level
Child developmental Psychology and Pedagogy	2-Day national workshop on child developmental Psychology and Pedagogy. Date: June, 6-7, 2023	Bhawan’s Tripura Teacher Training College.	National
Mental health and Well-Being orientation among students	One day seminar on Mental Health, Date: 14 th September, 2023.	Rani Rashmoni Green University	University

GOVERNMENT GENERAL DEGREE COLLEGE, SINGUR

➤ **Participation in OP/RC/FIP/FDP:**

Name of the Course	Place	Duration	Sponsoring Agency
120 th Orientation Programme	UGC-HRDC, University of Calcutta	30.01.2018 to 26.02.2018	UGC
Special Summer School on Social Studies	UGC-HRDC, The University of Calcutta	06.09.2018- 27.09.2018	UGC
Subject Refresher Course in Teacher Education	Human Resource Development Centre (HRDC), Aligarh Muslim University, Aligarh	23.06.2023 – 08.07.2023	UGC
Refresher course on Sociology and Social Anthropology	UGC – Malaviya Mission Teacher Training Centre (MMTTC), Himachal Pradesh University	10.03.2025 – 22.03.2025	UGC

➤ **Membership of Learned Societies/ Editorial Boards, etc. (if any):** Nil

➤ **Patents (if any):** Nil

➤ **Awards (if any):**

1. Qualified National Eligibility Test (NET) in 2012 and State Eligibility Test (SET) in 2010.
2. University Rank holder in Undergraduate Level.

➤ **Other notable activities (if any):**

1. Past academic and administrative activity.
