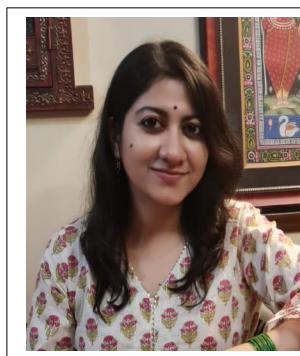


ACADEMIC PROFILE



DR. ABANTI BHATTACHARYA

Assistant Professor in Psychology (W.B.E.S.)

M.Sc., M.Phil, Ph.D.

Email: abanti.psychology@singurgovtcollege.org

- **Specialization:** Clinical Psychology, Adolescent behaviour
- **Date of joining in this college:** 13.02.2015
- **Total teaching experience in college level:** 11 years 5 months
- **Area of research:** Adolescence, Personality dimensions, Attachment style
- **Title of Ph.D. thesis (if any):** A Probe Into The Personality Dimensions of Adolescents In the Light of Perfectionistic Persistence To Excel As A Trait On The Basis Of Occupation of Their Mothers.
- **Research guidance (if any):** Nil
- **Research projects [completed / ongoing] (if any):** Nil
- **List of publications:**

A. Published papers in Journals:

1. Bhattacharya, A. (2024). Mental Health and Gender Roles: Differences of Gender in the Perception of Mental Health in India's Working-Class Population. *International Journal of Humanities & Social Science Studies*, 10 (6), ISSN: p-2349-6711, e- 2349-695.
2. Bhattacharya, A. (2024). From Passion to Protest: Understanding the Impact of Collective Emotion in Social Movements. *Criticality*, 2(2), 99-121. ISSN: 2584-0738 (online).
3. Bhattacharya, A. (2017). Comparative Study into the Personality Orientations of Adolescents having homemaker, Non-Corporate and Corporate mothers. *Indian Journal of Community Psychology*, 43-52. ISSN:0974-2719
4. Bhattacharya, A., & Mukherjee, T. (2010). A Comparative Study on Cognitive Style, Subjective Well-being, Spirituality & Emotional intelligence in Institutionalized & non-institutionalized elderly, *Indian Journal of positive*

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Psychology, Indian Journal of Health & Wellbeing, 1 (1-2), 70-76, ISSN-p-2229-5356, e-2321-3698

1. Published Books / Chapters in Books:

1. Bhattacharya, A. (2024). In the Eye of the Beholder: The role of the Social Media in Self-Perception and Body Image. *The Healing Web: Society's Network for Well-Being*, 207-220, Mittal Publications, ISBN: 978-93-5999-404-8
2. Bhattacharya, A. (2024). Gender, Work and Stress: Understanding Mental Health among Indian Working Women. *Rich Tapestry of Culture, Literature, Politics And Society In India: Many Voices, One Nation*. 11-21, SUNBEAM Publication. ISBN : 978-93-93092-77-9
3. Bhattacharya, A. (2024). The Blueprint of Inner Symphony: Negotiating the Influence of Emotional Intelligence on Personality in Adolescent Development. Pages: 43-56, *Personality Development*. Red'shine Publication. ISBN: 978-91-7308-078-1. ISBN-10: 91-7308-078-0
4. Bhattacharya, A. (2024). The Silenced Voices: Understanding the Impact of Marginalization on Mental Health Stigma, 39-49, *Discerning the Margins*, Thompson Press (India) Limited. ISBN: 978-93-6095-353-9.
5. Bhattacharya, A. (2023). Studying Mental Health in a Cultural Context: A Conceptual Note, 49-67, *Of Perspectives: People, Society and State*, KABITIKA, ISBN: 978-93-94830-73-8
6. Bhattacharya, A. (2023). Adhunik Jibanshoilee: Uchhakankha, Irsha, Tension, Hotasha O Oboshad, 357-365, *Mon: Sankat Osukh, Protishedhak Swasthya, PUNASCHA*, ISBN: 978-81-7572-242-2
7. Bhattacharya, A. (2021). The Eternal conflict between Being and Non-being: Story of a Species' Quest for life during Pandemic. 1-10, Manabjain: A Dossier of COVID-19 Pandemic, ISBN: 978-81-8211-162-2
8. Bhattacharya, A. (2015). Manusher gobhir, gobhirotoro o-sukh ekhon *Manabjain, Patrakatha*, Page No. 74-76. ISBN: 978-81-924388-4-9

2. Participation in Seminars/Symposia/Conferences/Workshops:

Title of the invited lecture /paper presented (oral/poster)	Title of Conference /Seminar with date	Organized by	Level
Mental Health Awareness	Awareness of Mental Health in Connection with Students' Week 06/01/2026	Govt. Physical Education College for Women, Hooghly	State
Mental Health issues in college students and prevention	'Mental health issues of college students and its prevention' on 15.10.2025	NSS event at Govt. General Degree College, Keshiary.	State
Students' Depression and way out	Invited lecture- Special Counselling Programme, 08/08/2025	Govt. Physical Education College for Women, Hooghly	College

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Gender Sensitization- Oral	Gender Sensitization Workshop	NSS Unit, Chandernagar College	State
Negotiating the Discourse of Mental Health Awareness amongst the Youth	One day Seminar 07.06.22	Psychological Counselling Cell, Bidhannagar College	State
Understanding Mental Health Problems amongst the Youth: awareness and Prevention	Week-long Programme of Students' Week observation Date: 1 st -7 th Jan, 2022, on 2 nd January, 2022	Government General Degree College at Mangalkote	State
Invited lecture	Academic Challenges of Students During the New Normal and Coping, 06/02/2021	P.N. Das College	College
The Crisis of the Mind: fighting mental health issues during the Covid- 19 pandemic	2-Day Webinar- ' Combat COVID-19: General and Mental Health Awareness During Pandemic Situation.' Date: 21 st and 22 nd August, 2020	Haldia Government College, NSS and IQAC	State
Coping with the Crisis: Negotiating Mental Health in the Time of Pandemic	2-Day International Webinar on "COVID -19: PROBLEMS & CHALLENGES" Date: 26-27 June, 2020	Government General Degree College at Ranibadh, Bankura, West Bengal	International
Mental Health And Modern Times	NSS Special Camp Unit-1 30/10/2018	Govt. General Degree College, Keshiary, National Service Scheme (NSS)	State Level
Mental Health And Awareness	NSS Special Camp -Mental Health Awareness 20.01.2018	Govt. General Degree College, Singur, National Service Scheme (NSS)	State level
Chairperson of Seminar	I Choose Life – Awareness Programme on Depression and Suicidal Behaviour, 13 th & 14 th November, 2017	Dept. of Psychology, GGDC, Singur	College Level
Chairperson of Seminar	Mental health Issues in Adolescence on 8 th October, 2015	Dept. of Psychology, GGDC, Singur	State Level
Mental Health Issues In Students	Issues on Mental Health & Youth 05 th August 2017	Durgapur Government College	College level

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➤ **Participation in OP/RC/FIP/FDP:**

Name of the Course	Place	Duration	Sponsoring Agency
124 th Orientation Programme	UGC-HRDC, University of Calcutta	04.02.2019 to 04.03.2019	UGC
Interdisciplinary Refresher Course in Behavioural Science (IDCBSC)	UGC-HRDC, University of Calcutta	10.02.2020 - 24.02.2020	UGC
Subject Refresher Course in Disaster Management (Interdisciplinary)	HRDC- Aligarh Muslim University (Online)	05.12.2023 to 18.12.2023	UGC
Online malaviya mission teacher training programme on holistic and multidisciplinary education	HRDC- Aligarh Muslim University (Online)	07.02.2024 to 16.02.2024	UGC
FDP on 'Evidence based Approaches in Child and Adolescent Mental Health'	Amity University Kolkata (Online)	15.07.2024 to 19.07.2024	Amity Institute of Psychology and Allied Sciences, Amity University Kolkata
International Level Value Added Course on Indian Knowledge System	Govt. General Degree College, Singur	24.05.2024 - 24.07.2024	IQAC, Govt. General Degree College, Singur
A 5 Day FDP on Positive Psychology: Pathway to Mental Health	St. Xavier's University, Kolkata (Online)	02.06.2025 to 06.06.2025	St. Xavier's University, Kolkata, Department of Psychology

➤ **Awards (if any):**

1. Qualified National Eligibility Test (UGC-NET in 2012).
2. JRF Fellow of Indian Council of Medical Research (ICMR Examination, 2013)

➤ **Other notable activities (if any):**

1. Clinical Psychologist (RCI)
